

Monkeypox Virus to the List of Sexually Transmitted Diseases (STDs)

Effective: 10/6/22 – 1/3/23

Pursuant to the authority vested in the Public Health and Health Planning Council and the Commissioner of Health by sections 225(4), 2304, 2305 and 2311 of the Public Health Law, Section 23.1 of Title 10 of the Official Compilation of Codes, Rules and Regulations of the State of New York is amended, to be effective upon filing with the Secretary of State, to read as follows:

Group B of Section 23.1 is amended to read as follows:

Group B

Facilities referred to in section 23.2 of this Part must provide diagnosis and treatment, including prevention services, as provided in section 23.2(d) of this Part for the following STDs:

Human Papilloma Virus (HPV)

Genital Herpes Simplex

Human Immunodeficiency Virus (HIV)

Monkeypox Virus (MPV)

## **Regulatory Impact Statement**

### **Statutory Authority:**

Pursuant to sections 225(4), 2304, 2305 and 2311 of the Public Health Law (PHL), the Commissioner of Health and the Public Health and Health Planning Council have the authority to adopt regulations that list the sexually transmitted diseases (STDs) for which PHL Article 23 is applicable and, in particular, that establish requirements for local health departments (LHDs) concerning STD services.

### **Legislative Objectives:**

PHL section 2311 requires the Commissioner of Health to promulgate a list of STDs. The purpose of Article 23 of the PHL, and its associated regulations, is to ensure that persons at risk for or diagnosed with an STD have access to diagnosis and treatment, including prevention services, thereby improving their health and public health in New York State. Additionally, providing STD diagnosis and treatment, including prevention services, is vital to protecting the health of newborn children whose mothers may have an STD.

### **Needs and Benefits:**

This amendment adds monkeypox virus to Group B of the existing list of STDs. County LHDs already have an obligation to control the spread of monkeypox under PHL Article 6 communicable disease guidance. Consistent with such guidance, this regulation requires STD clinics operated by LHDs or providing services through contractual arrangements to provide diagnosis and treatment, including prevention services, to persons diagnosed or at risk for

monkeypox, either directly or through referral. Further, minors will be able to consent to their own monkeypox testing, prevention services (including vaccine), and treatment.

This amendment supports the Department's plan to control the current and future monkeypox outbreaks by connecting persons diagnosed with, exposed to, or at risk of monkeypox with testing, vaccine, treatment, and prevention services. Young people currently face barriers that can prevent or delay access to care, including denial and fear of their monkeypox infection, misinformation, monkeypox-related stigma, low self-esteem, lack of insurance, homelessness, substance use, mental health issues, and lack of adequate support systems. Because of these factors, many young people need the ability to consent to monkeypox diagnosis and treatment, including prevention services.

These regulations will help ensure that more young people have optimal health outcomes and do not transmit the virus to others. In addition, young people will have the ability to consent to monkeypox related preventive services, including those who have been exposed to STDs or who are at high risk for monkeypox. Under the amended regulation, such individuals will be able to obtain monkeypox vaccine so they can remain monkeypox negative. These amendments are necessary to provide appropriate health care rights and protections to minors and remove the barriers that can prevent or delay access to diagnosis and treatment, including prevention services.

**Costs to Regulated Parties:**

LHDs may diagnose patients for monkeypox by offering monkeypox testing. In regard to monkeypox treatment, including prevention services, some LHDs may experience up-front costs

associated with providing treatment to additional individuals. However, these regulations do not mandate that an LHD provide treatment directly. As with the other conditions already listed in Group B, LHDs may fulfill their obligation to provide monkeypox treatment by referring the patient to another provider; they are not required to pay for treatment.

Providing diagnosis and treatment, including monkeypox vaccine, to persons diagnosed or at risk for monkeypox may increase the use of monkeypox vaccine. It is anticipated that any increase in monkeypox vaccination will decrease the number of people who become monkeypox positive, thereby greatly decreasing the cost of providing care to individuals who are monkeypox positive. The monkeypox vaccine is provided by the federal government at no cost to the State.

Generally, LHDs and other providers that provide monkeypox treatment must seek to offset any costs by billing insurance for rendered services. At this time, treatment for monkeypox, including Tecovirimat (also known as TPOXX or ST-246), is provided under an expanded access Investigational New Drug (EA-IND) protocol, which allows for the use of TPOXX for primary or early empiric treatment of non-variola orthopoxvirus infections, including monkeypox, in adults and children of all ages. The treatment is provided at no cost.

**Costs to State Government:**

There are no direct costs to the State or the Department. The Department will continue to work with LHDs using existing resources to provide guidance regarding the control of communicable diseases using STD clinics and other methods as required by the PHL Article 6 State aid rules and these regulations.

**Local Government Mandates:**

As discussed above, these amendments will require STD clinics operated by LHDs to provide monkeypox diagnosis and treatment, including prevention services, either directly or by referral. LHDs are not, however, required to provide monkeypox treatment directly; they may refer patients to other providers for treatment.

**Paperwork:**

LHDs will be required to bill public and commercial third-party payers to the extent practicable to offset the costs of providing monkeypox treatment services.

**Duplication:**

There are no relevant rules or other legal requirements of the Federal or State governments that conflict with this rule. Like other STDs (syphilis, gonorrhea, etc.), since MPV will be listed on both the state communicable disease list and the STD list, two sets of Article 6 guidance documents for LHDs will apply to MPV.

**Alternatives:**

The alternative is to continue not to list monkeypox as an STD in New York. However, to advance the goal of controlling monkeypox outbreaks, monkeypox should be listed as an STD. This will not only reduce morbidity and mortality, but will also decrease health care costs statewide by lowering the prevalence of monkeypox and the cost of providing care to monkeypox-positive individuals.

**Federal Standards:**

There are no Federal standards in this area.

**Compliance Schedule:**

The amendment will take effect when it is filed with the Secretary of State. The Department will assist affected entities in compliance efforts.

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## **Regulatory Flexibility Analysis for Small Businesses and Local Governments**

### **Effect of the Rule:**

The proposed amendments to 10 NYCRR Part 23 will impact the 58 local health departments (LHDs) and the New York City Department of Health and Mental Hygiene, which are required to provide STD services as a condition of State Aid pursuant to Article 6 of the Public Health Law. In addition, local governments are responsible for the local share of the cost of the Medicaid program. The amendments will not impact small businesses (i.e., small private practices or clinics) any differently from other health care providers.

This mandate does not create new costs for local government. Currently, since monkeypox is listed as a communicable disease in 10 NYCRR §2.1, and since LHDs are responsible for controlling the spread of communicable diseases, LHDs are already required to treat monkeypox. Therefore, this regulation adding monkeypox to the list of STDs will not create any unfunded mandate for local government.

Increasing vaccination rates will decrease the number of monkeypox cases and will reduce Medicaid costs to care for Medicaid recipients with monkeypox, thereby reducing the local share of the cost of the Medicaid program. Since the vaccine is provided for free, this regulation implements a public health measure that will save money for local governments that are supported by property taxpayers.

**Compliance Requirements:**

Pursuant to these amendments, LHDs must provide monkeypox diagnosis and treatment, including prevention services, either directly in an STD clinic, or by making a written or electronic prescription or referral to another health care provider. Implementation of this rule will require recordkeeping and reporting by LHDs.

**Professional Services:**

Those LHDs that provide monkeypox treatment services directly or through contract may be required to ensure the development or updating of billing systems to comply with the obligation to seek payment from insurance providers to the extent practicable.

**Compliance Costs:**

LHDs diagnose patients for monkeypox by offering monkeypox testing. In regard to monkeypox treatment, including prevention services, some LHDs may experience up-front costs associated with providing treatment to additional individuals. However, these regulations do not mandate that an LHD provide treatment directly. As with the other conditions already listed in Group B, LHDs may fulfill their obligation to provide monkeypox treatment by referring the patient to another provider; they are not required to pay for treatment.

Providing diagnosis and treatment, including prevention services, to persons diagnosed or at risk for monkeypox may increase the use of monkeypox vaccine. It is anticipated that any increase in the use of prophylactic services will decrease the number of people who become monkeypox



positive, thereby greatly reducing the cost of providing care to individuals who are monkeypox positive.

In addition, LHDs and other providers that provide monkeypox treatment must seek to offset any costs by billing insurance for rendered services to the extent practicable. Remaining costs may be eligible for reimbursement from other sources that fund monkeypox treatment in New York.

**Economic and Technological Feasibility:**

The requirement to seek insurance recovery and the availability of other funding sources make this requirement economically feasible. There are no new technology requirements. The Department will also provide technical advice and support as needed.

**Minimizing Adverse Impact:**

LHDs and other providers that provide monkeypox treatment must seek to offset any costs by billing insurance for rendered services. Remaining costs may be eligible for reimbursement from other sources that fund monkeypox treatment in New York.

**Small Business and Local Government Participation:**

Community stakeholders, representative of regions and businesses across New York State, have been engaged in the response to the monkeypox outbreak, including ensuring that minors have the right to consent to monkeypox treatment and prevention services. The recommendation to amend regulations to ensure minors have the right to consent to monkeypox treatment and prevention services has been supported by community stakeholders. The Department sought and

received input from local health departments, including the New York City Department of Health and Mental Hygiene.

This regulation does not have the effect of imposing a mandate. Rather, it permits local governments to expand access to monkeypox vaccine, which will result in cost savings, because less money will need to be spent on treatment. LHDs are already providing monkeypox vaccine. The reason minors should be permitted to access monkeypox vaccine is that it will prevent minors from getting monkeypox, which furthers the Department's mission to decrease morbidity and mortality.

**Cure Period:**

Chapter 524 of the Law of 2011 requires agencies to include a "cure period" or other opportunity for ameliorative action to prevent the imposition of penalties on the party or parties subject to enforcement when developing a regulation or explain in the Regulatory Flexibility Analysis why one was not included. This regulation creates no new penalty or sanction. Hence, a cure period is not necessary.

## **Rural Area Flexibility Analysis**

### **Types and Estimated Numbers of Rural Areas:**

The proposed amendments to 10 NYCRR Part 23 will impact clinicians in rural areas no differently than throughout New York State.

### **Reporting, Recordkeeping and Other Compliance Requirements; and Professional Services:**

This rule imposes no mandates upon entities in rural areas outside those entities noted in Article 23 of the Public Health Law. As stated, local health departments (LHDs) must provide monkeypox treatment, including prevention services, either directly in an STD clinic, or by making a written or electronic prescription or referral to another health care provider.

Implementation of this rule will require recordkeeping and reporting by LHDs.

### **Costs:**

Some clinicians may experience up-front costs associated with providing monkeypox treatment services, including prevention services, to additional individuals. However, these regulations do not mandate health care providers to provide monkeypox treatment services. Any provider that does provide monkeypox treatment for additional patients can offset any costs by billing for services rendered.

### **Minimizing Adverse Impact:**

As discussed above, the ability to recover costs will minimize the impact of these regulations.

**Rural Area Participation:**

Community stakeholders, representative of regions and businesses across New York State, including those in rural areas, have been engaged in the response to the monkeypox outbreak, including ensuring that minors have the right to consent to monkeypox treatment and prevention services. The recommendation to amend regulations to ensure minors have the right to consent to monkeypox treatment and prevention services has been supported by community stakeholders in rural areas.

**Statement in Lieu of  
Job Impact Statement**

No Job Impact Statement is required pursuant to section 201-a(2)(a) of the State Administrative Procedure Act. It is apparent, from the nature of the proposed amendments, that it will not have an adverse impact on jobs and employment opportunities.

## **Emergency Justification**

Compliance with the requirements of the State Administrative Procedure Act for filing of a regulation on a non-emergency basis, including the requirement for a period of time for public comment, cannot be met because to do so would be detrimental to the health and safety of the general public.

Monkeypox virus is a rare, viral infection that does not usually cause serious illness. However, it can result in hospitalization or death. Monkeypox can result in individuals experiencing severe pain requiring isolation and significant life disruptions as well as stigma. Health officials in New York State, the federal government, and in countries around the world are monitoring cases of monkeypox in areas that do not usually report monkeypox infections, including in New York State. Monkeypox spreads through close, physical contact between people. This means anyone can get monkeypox. However, based on the current outbreak, certain populations are being affected by monkeypox more than others, including gay/bisexual men and other men who have sex with men, transgender individuals, and non-binary individuals, among others.

As of August 26, 2022, there are 47,652 confirmed cases of monkeypox reported to the World Health Organization from 99 countries, of which 92 have not historically reported monkeypox.

On July 23, 2022, the World Health Organization designated monkeypox a public health emergency of international concern.

On August 4, 2022, the Secretary of Health and Human Services determined that as a result of the consequences of an outbreak of monkeypox cases across multiple states in the United States, a public health emergency exists nationwide. As of August 22, 2022, there are

17,432 confirmed monkeypox cases across all 50 states, the District of Columbia, and Puerto Rico.

On July 28, 2022, with the increase in monkeypox cases in New York State and more counties reporting cases, the New York State Commissioner of Health determined that monkeypox is communicable, rapidly emergent and a significant threat to the public health. Further, as one in five monkeypox cases in the country are in New York State, Governor Hochul declared a State Disaster Emergency on July 29, 2022. As of August 26, 2022, New York State reports 3,124 cases.

This emergency regulation is necessary to confirm the Commissioner's designation of monkeypox as a sexually transmitted disease and to permit the Department to take necessary and appropriate action to prevent the spread of this communicable disease.